🔑 Teacher Key: Wed Oct 21, 2026 (🟡 Gold Day)

Separate from the student materials. Don't hand this out.

Transitions Level 2: Okay, Ask First, or Stop? (answers)

#	Scenario	Answer	Why
1	Classmate's earbuds on the table	🟡 Ask First	Their stuff (and hygiene). "Can I try them?" Accept a no.
2	Teacher says grab a calculator from the bin	🟢 Okay	Permission was already given.
3	Hug a friend in the hall	🟡 Ask First	Their body. "Can I give you a hug?" or offer a wave / fist bump.
4	Classmate said "No thanks, I want to work alone"	🔴 Stop	They already said no. "Okay, no problem," then find another partner.
5	Coworker on break; you have a work question	🟡 Ask First	Their time. "Is now a good time?" or ask a supervisor / wait until the break ends.
6	Partner hands you a marker to use	🟢 Okay	They offered it. Say thanks.
7	Read a text on a friend's phone	🔴 Stop	Private. Don't read it unless they show you. (Accept 🟡 if the student says they'd ask first and accept a no.)
8	Join a lunch group already sitting	🟡 Ask First	Their space. "Can I sit here?"
9	Someone said "Please stop" after a poke	🔴 Stop	They set a boundary. Stop right away and say "Sorry."
10	Agreed turn-taking; it's your turn	🟢 Okay	You already agreed. Still be polite: "My turn now?"

Reduced set (5 cards): 1 🟡 · 2 🟢 · 4 🔴 · 6 🟢 · 9 🔴.

Role-play cards (sample scripts)

Card	Ask First	Accepting "No"
A. Borrow a charger	"Can I please borrow your charger for a few minutes?"	"Okay, no problem. I'll ask Mr. Driver."
B. Sit at a lunch table	"Is it okay if I sit here?"	"That's okay. Thanks anyway." (find another seat)
C. Coworker help with a box	"Can you help me carry this box when you have a minute?"	"Okay, thanks. I'll ask my supervisor."
D. High-five a teammate	"High-five?" (hold hand up, wait)	"Okay!" (give a thumbs up or nod instead)

Watch for: asking again and again, arguing, guilt-tripping ("Come on, please"), or taking it anyway. Redirect: "Their no counts. What's your other choice?"

Exit ticket: accept any polite ask ("Can I…?" / "Is it okay if…?") and any calm accepting response ("Okay," give space, find another choice).

SEL Level 2: Toolkit tool pages (reference steps)

No right or wrong ratings. Accept any honest rating with a reason. | Tool | 3 quick steps (sample) | |---|---| | 🌬️ Box breathing | Breathe in 4 · hold 4 · out 4 · hold 4 (repeat 3–4 times) | | 💪 Squeeze and release | Squeeze fists / shoulders 5 seconds · let go · notice the difference | | 💧 Cold water | Ask for a pass · go to the sink · splash or hold cold water ~30 seconds | | 👀 5-4-3-2-1 | 5 things I see · 4 I feel · 3 I hear · 2 I smell · 1 I taste | | 🧊 Cool thoughts | Notice the hot thought · stop · swap it for a cool thought ("I can handle this") | | ⏸️ Reset pass | Show the pass or ask calmly · go to the quiet space · come back when ready |

Binder order: Reset Plan card (from 10/19) → ⭐⭐⭐ pages → ⭐⭐ → ⭐.