✂️ Which Skill? card 1 of 12



Put the forks in the fork slot.

✂️ Which Skill? card 2 of 12



Wash a cereal bowl after breakfast.

✂️ Which Skill? card 3 of 12



Wipe crumbs off the kitchen table.

✂️ Which Skill? card 4 of 12



Sweep the floor under the table.

✂️ Which Skill? card 5 of 12



Put the dark shirts in one pile.

✂️ Which Skill? card 6 of 12



Put the spoons away in the drawer.

✂️ Which Skill? card 7 of 12



Scrub a frying pan in soapy water.

✂️ Which Skill? card 8 of 12



Clean a sticky spot off the counter.

✂️ Which Skill? card 9 of 12



Sweep dirt into the dustpan.

✂️ Which Skill? card 10 of 12



Fold a towel and stack it.

✂️ Which Skill? card 11 of 12



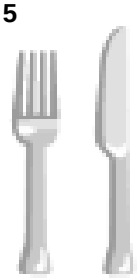
Rinse a cup and put it on the rack.

✂️ Which Skill? card 12 of 12



Check pockets before washing clothes.

✂️ **Skill header 1 of 5**



Sort

utensils

✂️ **Skill header 2 of 5**



Wash

dishes

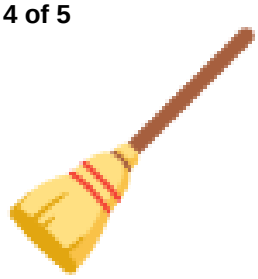
✂️ **Skill header 3 of 5**



Wipe

surfaces

✂️ **Skill header 4 of 5**



Sweep

the floor

✂️ **Skill header 5 of 5**



Laundry

sort and fold

📊 My Independent Living Self-Rating

Name: _____ Date: _____

Circle 1, 2, or 3 for each skill. There are no wrong answers.
1 = I need a lot of help 🤝 · 2 = I can do some steps 🙂 · 3 = I can do it myself 💪

Skill	1 🤝	2 🙂	3 💪
🍴 Sort utensils	1	2	3
🧼 Wash dishes	1	2	3
🧽 Wipe surfaces	1	2	3
🧹 Sweep the floor	1	2	3
👕 Laundry sort and fold	1	2	3

✏️ **I want to get better at _____ because _____.**

_____

_____



My Clean-Up Routine

Transitions · Unit 2 · Independent Living

Name: _____

Draw or glue a picture here:

🎟 Name: _____
Independent living means _____.
One skill I want to get better at is _____.

🎟 Name: _____
Independent living means _____.
One skill I want to get better at is _____.

🎟 Name: _____
Independent living means _____.
One skill I want to get better at is _____.

🎟 Name: _____
Independent living means _____.
One skill I want to get better at is _____.