🎤 My IEP Prep Page

Name: _____ Date: _____

⭐ My strengths (2 things I do well)

_____

_____

🎯 My goal (1 thing I want to work toward)

School, job, or living on my own. Add a "by when" if you can.

_____

_____

🧰 What helps me (2 supports / accommodations)

"It helps me when ___."

_____

_____

🗣️ How I'll take part in my meeting (circle 1 or more)

👋 Say hello and introduce my team · 📄 Read this page · 🎯 Share my goal

🧰 Tell what helps me · ❓ Ask one question · 💻 Show slides · other: _____

Word bank. ⭐ Strengths: on time · hard worker · friendly · kind · organized · good with computers · good at cooking · fixing things · helping others · art · sports · following steps. 🧰 Supports: extra time · directions shown step by step · read aloud · a quiet place to work · breaks · a checklist · picture directions · a calculator · headphones · sitting near the front · speech-to-text.

📁 File in my Portfolio: Tab 3 Personal Life → 3A All About Me. This page is private. I share it with my IEP team.

🎤 My 30-Second Intro

Name: _____ Date: _____

Fill it in. Then read it out loud.

"Hi, I'm _____. Thanks for coming to my meeting."

"I'm good at _____."

"My goal is _____."

"It helps me when _____."

"One question I have is _____?"

🤝 Partner check (tick each one)

☐ Said a strength ⭐ ☐ Said a goal 🎯 ☐ Said a support 🧰

☐ Looked up at least once 👀 ☐ Clear, calm voice 🗣️

One thing my partner did well: _____

Practice 2 times

☐ Practice 1 (with my paper) ☐ Practice 2 (look up more)

✂️ **Card 1 of 6 · Strength, Goal, or Support?**



“I'm good at fixing things, and I show up on time.”

1 ⭐ Strength · 2 🎯 Goal · 3 🧰 Support

✂️ **Card 2 of 6 · Strength, Goal, or Support?**



“After high school, I want to work at a grocery store.”

1 ⭐ Strength · 2 🎯 Goal · 3 🧰 Support

✂️ **Card 3 of 6 · Strength, Goal, or Support?**



“Extra time on tests helps me finish my work.”

1 ⭐ Strength · 2 🎯 Goal · 3 🧰 Support

✂️ **Card 4 of 6 · Strength, Goal, or Support?**



“By June, I will count change up to $20.”

1 ⭐ Strength · 2 🎯 Goal · 3 🧰 Support

✂️ **Card 5 of 6 · Strength, Goal, or Support?**



“Directions work best when someone shows me first.”

1 ⭐ Strength · 2 🎯 Goal · 3 🧰 Support

✂️ **Card 6 of 6 · Strength, Goal, or Support?**



“I'm friendly with customers, and I work hard.”

1 ⭐ Strength · 2 🎯 Goal · 3 🧰 Support



STRENGTH



GOAL



SUPPORT