🍅 Pico de Gallo

Culinary 1 · Unit 6 · Level 1 picture recipe card



Name: _____

🧺 Get your food. Check ☐ each one.

- ☐ 🍅 **2** tomatoes
- ☐ 🧅 **1** onion
- ☐ 🌶️ ½ jalapeño
- ☐ 🌿 **2 sprigs** cilantro
- ☐ 🧅 **1** green onion
- ☐ 🧄 **½ tsp** garlic powder
- ☐ 🧂 **⅛ tsp** salt
- ☐ ⚫ **⅛ tsp** pepper
- ☐ 🍋 **1 Tbsp** lime juice

🧰 Get your tools.

- ☐ 🟩 green board
- ☐ 🔪 knife
- ☐ 🥣 bowl
- ☐ 🧤 gloves

📸 Take a photo ☐ ⭐ How did I do? Circle one.

😀 🙂 😕

👩‍🍳 Do one box at a time. Check ☐ it.

1		**Wash** hands.	☐
2		**Wash** the vegetables.	☐
3		Wet towel **under** the board.	☐
4		**Dice** the tomatoes. 🐾 Claw!	☐
5		**Chop** the onions.	☐
6		**Gloves** on. Chop the jalapeño.	☐
7		**Mince** the cilantro.	☐
8		All in the **bowl**.	☐
9		Add **garlic, salt, pepper, lime**.	☐
10		**Stir**.	☐
11		Fridge **15 minutes**.	☐
12		Wash the knife **now**.	☐

💡 *Knife use follows the IEP / safety plan: a nylon knife or crinkle cutter is fine.*