🍳 Frittata or Omelet Lab · My Check

Culinary 1 · Unit 9 · Level 1 · after Intro to Protein & Eggs



Name: _____

📸 My photos. Check ☐.

- ☐ 🧺 Food + tools
- ☐ 🥣 Cooking 1
- ☐ 🍳 Cooking 2
- ☐ 🔥 Cooking 3
- ☐ 🍽️ My food

✅ I did it! Check ☐.

- ☐ 🥚 Crack + whisk
- ☐ 🔪 Chop
- ☐ 🍳 Sauté
- ☐ ⏲️ Set

⭕ Circle one face.

😋 **How does it taste?**	😀	🙂	😕
🤝 **How did my team do?**	😀	🙂	😕
🧽 **How did I clean up?**	😀	🙂	😕

⭐ I liked ____. Draw or write.