✅ Grains & Pasta Quiz

Culinary 1 · Unit 8 · Level 1 · 8 questions. Circle the picture.

Name: _____

1. 🌾 A grain is a…

-  Leaf
-  Seed

2. 🌽 Which one is a grain?

-  Apple
-  Carrot
-  Corn

3. 🟫 A whole grain has…

-  All the parts
-  One part

4. 🟫 The outside of the grain is the…

-  Germ
-  Bran

5. 💪 Whole grains have more…

-  Candy
-  Fiber

6. Pasta is made from…

- Wheat
- Apples

7. Al dente pasta is…

- Mushy
- A little firm

8. Save some pasta water for the…

- Sauce
- Dishes