Fried Rice Lab

Culinary 1 · Unit 8 · Level 1 · after the Fettuccine Lab



Name: _____

Makes 4-6 servings. Mrs. Dyches' recipe: Fried Rice (Gimme Some Oven, her recipe link).

Fried rice: get it. Check ☐.

- ☐ **3 Tbsp** butter, divided
- ☐ **2** eggs, whisked
- ☐ **2** carrots, peeled and diced
- ☐ **1 small** white onion, diced
- ☐ **½ cup** frozen peas
- ☐ **3 cloves** garlic, minced
- ☐ **4 cups** cooked, chilled rice
- ☐ **3** green onions, sliced
- ☐ **3-4 Tbsp** soy sauce
- ☐ **2 tsp** oyster sauce (optional)
- ☐ **½ tsp** toasted sesame oil
- ☐ salt + pepper

👩‍🍳 Do one box. Check ☐ it.

1		Cut the veggies.	☐
2		Cook the eggs. Set aside.	☐
3		Cook the veggies.	☐
4		Add cold rice.	☐
5		Add soy sauce.	☐
6		Stir **3** minutes.	☐
7		Eggs back in. Photo!	☐