Fettuccine Alfredo Lab

Culinary 1 · Unit 8 · Level 1 · after Intro to Grains



Name: _____

Makes 4 servings (2 oz pasta each). Mrs. Dyches' recipe: Fettuccine Alfredo.

Noodles: get it. Check ☐.

- ☐ **8 oz** fettuccine noodles (2 oz per person)
- ☐ **¾ pot** water + salt

Sauce: get it. Check ☐.

- ☐ **2 Tbsp** butter
- ☐ **2 Tbsp** flour
- ☐ **1 c** whole milk
- ☐ **½ c** grated parmesan
- ☐ salt + white pepper

👩‍🍳 Do one box. Check ☐ it.

1		Boil the water.	☐
2		Noodles in. Stir.	☐
3		Drain. Steam is hot!	☐
4		Melt butter. Add flour.	☐
5		Whisk in milk.	☐
6		Add cheese.	☐
7		Mix. Photo!	☐

💡 *The older Unit 8 card is a similar recipe. This packet follows her current Fettuccine Alfredo doc.*