🍅 Pico de Gallo Lab · Get Ready

Culinary 1 · Unit 6 · Level 1 · after Intro to Knife Skills (11/5-11/6)



Name: _____

👥 My job. Circle it.

 **Head Chef** I read the card.	 **Measurer** I measure.	 **Mixer / Cook** I mix and cook.	 **Clean-Up Captain** I clean up.

🧰 Get the tools. Check ☐.

- ☐ 🟩 Cutting board + wet towel
- ☐ 🔪 Chef's knife
- ☐ Paring knife
- ☐ 🥣 Medium bowl + spoon
- ☐ 🧤 Gloves
- ☐ Measuring spoons

🧺 Get the food. Check ☐.

- ☐ 🍅 tomato
- ☐ 🧅 onion
- ☐ 🌶️ jalapeño
- ☐ 🌿 cilantro
- ☐ green onion
- ☐ garlic
- ☐ salt
- ☐ ⚫ pepper
- ☐ 🍋 lime juice

⚠️ Be safe!

🐾 Claw hand 🐾.

🟩 Towel under the board.

🔪 Knife down when I walk.

🧤 Pepper? Gloves on.

🧼 Before we cook

☐ 🧼 Wash hands ☐ 🥼 Apron on ☐ 👱 Hair back ☐ 📵 No phone