🍅 Pico de Gallo Lab

Culinary 1 · Unit 6 · Level 1 · after Intro to Knife Skills (11/5-11/6)



Name: _____

Makes 1 serving. Mrs. Dyches' recipe: Pico de Gallo for One.

🧺 Ingredients: get it. Check ☐.

- ☐ 🍅 **1 medium** tomato, diced
- ☐ 🧅 ½ onion, finely chopped
- ☐ 🌶️ ¼ jalapeño, seeded and chopped
- ☐ 🌿 **2-4 sprigs** cilantro, finely chopped
- ☐ 🧅 **1** green onion, finely chopped
- ☐ 🧄 **1 clove** garlic, minced
- ☐ 🧂 ⅛ **tsp** salt
- ☐ ⚫ ⅛ **tsp** pepper
- ☐ 🍋 **1 tsp** lime juice

👩‍🍳 Do one box. Check ☐ it.

1		Wash hands. Wash food.	☐
2		Wet towel under the board.	☐
3		Cut the tomato. Claw 🐾.	☐
4		Cut the onions.	☐
5		Gloves on. Cut the pepper.	☐
6		Cut cilantro + garlic.	☐
7		Mix in the bowl.	☐
8		Cold **15** minutes. Photo!	☐

💡 *Less jalapeño = less spicy. The Unit 6 card is the bigger group size; today the class uses this for-one recipe.*