🥕 Fruits & Vegetables Guided Notes

Culinary 1 · Unit 5 Fruits & Vegetables · Level 2 guided notes. Use with the slides and videos.

Name: _____ Date: _____ Period: _____

Fill in each blank with a word from the word bank in that box. Each word is used one time.

🧰 A. Words to Know

1. A _____ is the part of the plant that holds the seeds.
2. A _____ is any other part of the plant we eat.
3. Food that is in _____ is cheaper and tastes best.
4. Vitamin _____ helps heal cuts.
5. Vitamin _____ keeps eyes healthy.

Word bank: **A** **C** **fruit** **season** **vegetable**

🍎 B. Fruit Groups

6. Draw a line from the fruit to its group:

🍎 Apple	berry
🍑 Peach	melon
🍓 Strawberry	citrus
🍉 Watermelon	tropical
🍊 Orange	pome
🍌 Banana	drupe

🥦 C. Vegetable Groups

7. Draw a line from the vegetable to the part we eat:

🥕 Carrot	leaf
🌱 Celery	flower
🥬 Lettuce	bulb
🥦 Broccoli	tuber
🧅 Onion	root
🥔 Potato	stem

🛒 D. Buy, Wash, Cook

8. Buy juice that says _____ juice.

9. Buy canned fruit in juice, not _____.

10. _____ fruits and vegetables under running water.

11. Keep vegetables away from raw _____.

12. _____ keeps the most vitamins in.

Word bank: **100%** **meat** **Rinse** **Steaming** **syrup**

Level 2 version of the gen ed “FRUITS & Vegetable-Notes to PowerPoint + Fruit Vocab Questions.”