👩‍🏫 Staff Guide · Veggie Fajitas Lab (Level 1)

Culinary 1 · Unit 5 · gen ed lab: after the Soup & Biscuits Lab. Level 1 = about 2nd-grade reading. Same lab, same day, same lab points as the class.

1. The pieces

- **Recipe card**: Mrs. Dyches' recipe (Mixed Vegetables Fajitas (group)), her amounts. 8 steps, one per box.
- **Prep sheet**: job roles, tools + food checklist, safety focus. Do it the day before or at the start.
- **Demo deck**: jobs, safety, steps, 2 checks. Show before the lab.
- **Reflection**: replaces the written self-assessment.
- **Game**: put the steps in order + match the tools (link on the class site).

2. Prompts while they cook

- “Strips, not cubes. Show me one strip.”
- “Is your oil hot? Add veggies gently.”
- “Stir every 30 seconds.”
- “Which spice is next? Measure it.”

3. Modifications

- Staff cuts peppers in half and seeds; student cuts strips
- Pre-mix the spices in a cup; student dumps and stirs
- Student builds the fajita with toppings
- Hand-under-hand for knife, oven, and stove steps, only as the IEP and safety plan allow.

4. What to grade (same 50 lab points)

- Check boxes on the card + 1 photo + the face check replace the written self-assessment.
- Pointing, saying, or circling counts as a full answer.
- Modified grading only as the IEP allows. Check with the case manager.

5. Missed the lab?

- Her policy: up to 4 cooking labs can be made up for full points, others half credit, within 1 month (−5 after).
- Use the Level 1 “Lab makeup choices” sheet (Unit 11 on the class site).

6. Ask

- Mr. Driver, Room 113 (SLE).