Culinary 1 · Unit 5 Lab · Level 1

Fruit Smoothie Lab



TODAY'S PLAN

👥 Jobs

⚠️ Safety

👩‍🍳 Steps

✅ Check

🧽 Clean up + reflect

Get ready

Lab Jobs



Head Chef

I read the card.



Measurer

I measure.



Mixer / Cook

I mix and cook.



Clean-Up Captain

I clean up.

Safety

Be Safe



🔒 Lid on. Hand on top.

🔌 Off before I touch.

💧 Wipe spills.

👩‍🍳 Lab

Steps 1 of 2



1. 🧼 Wash hands.
2. 🥛 Yogurt, juice, milk in.
3. 🍌 Banana in.
4. 🫐 Berries in.

👩‍🍳 Lab

Steps 2 of 2

1. 🔒 Lid on tight.
2. 🌀 Blend!
3. 🥤 Pour. Photo!



🃏 Check 1 of 2



Before I blend…

Point to the picture!

1️⃣ 📱 Phone out

2️⃣ 🔒 Lid on

✅ Answer · Card 1 of 2



🔒 Lid on

Lid on, hand on top.

🃏 Check 2 of 2



What goes in first?

Point to the picture!

1️⃣ 🥛 Yogurt + milk

2️⃣ 🧊 Ice

✅ Answer · Card 2 of 2



Yogurt + milk

Soft and wet things first.

Wrap-Up

Clean Up + Reflect



- 🧽 Wash, dry, put away
- 🧻 Wipe the counter
- 📸 Take a photo
- 😀 Fill in my check sheet