Culinary 1 · Unit 5 Lab · Level 1

Apple Crisp for One Lab



TODAY'S PLAN

- 👥 Jobs
- ⚠️ Safety
- 👩‍🍳 Steps
- ✅ Check
- 🧽 Clean up + reflect

Get ready

Lab Jobs



Head Chef

I read the card.



Measurer

I measure.



Mixer / Cook

I mix and cook.



Clean-Up Captain

I clean up.

Safety

Be Safe



🍏 Fingers away from the blade.

🔪 Flat side down.

🧤 Use oven mitts. Hot!

👩‍🍳 Lab

Steps 1 of 3



1. 🔥 Oven on: \1.
2. 🍎 Peel + cut the apple.
3. 🍮 Apples in the dish.

👩‍🍳 Lab

Steps 2 of 3



1. 🥣 Mix flour, sugar, cinnamon.
2. 🍴 Mash in cold butter.
3. 🥣 Add oats.

👩‍🍳 Lab

Steps 3 of 3



1. 🍎 Sprinkle on apples.
2. ⏲️ Bake \1 minutes.
3. 🍽️ Eat! Photo!

🎬 Video

Spiralizer Apple Peeler

Scan to watch

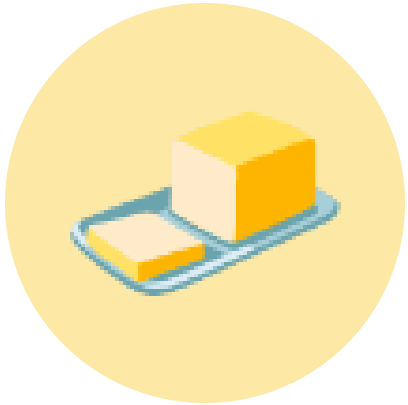
👀 Look for: fingers on the crank

💬 Captions on

▶️ YouTube

https://www.youtube.com/watch?v=iSTfOv29IPs

🃏 Check 1 of 2



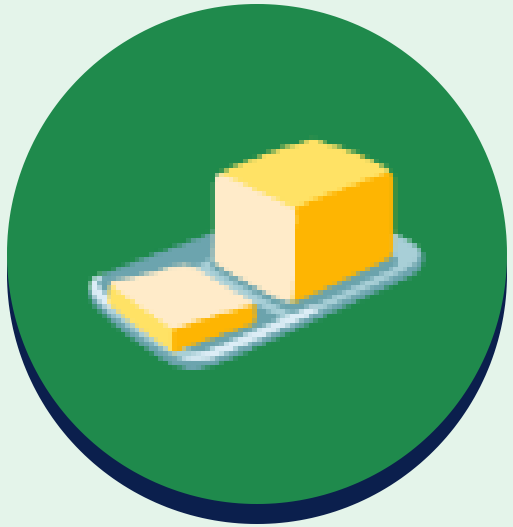
Butter for the topping is…

Point to the picture!

1️⃣ 🔥 Melted

2️⃣ 🧊 Cold

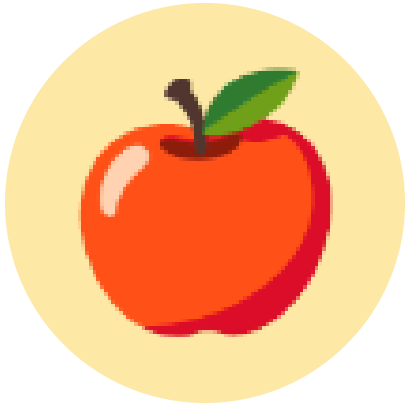
✅ Answer · Card 1 of 2



Cold

Cold butter makes crumbs.

🃏 Check 2 of 2



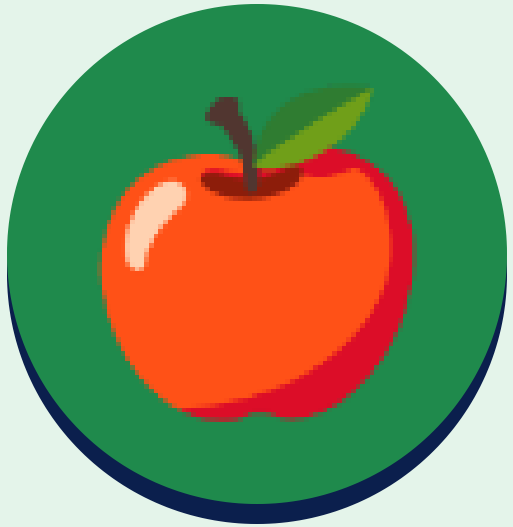
The topping goes…

Point to the picture!

1️⃣ ⬆️ On the apples

2️⃣ ⬇️ Under the dish

✅ Answer · Card 2 of 2



⬆️ On the apples

Sprinkle it on top.

Wrap-Up

Clean Up + Reflect



- 🧽 Wash, dry, put away
- 🧻 Wipe the counter
- 📸 Take a photo
- 😀 Fill in my check sheet