Culinary 1 · Unit 4 Lab · Level 2

Caramel Apple Lab



TODAY'S PLAN

- 👥 Jobs
- ⚠️ Safety
- 👩‍🍳 Steps
- ✅ Check
- 🧽 Clean up + reflect

Get ready

Lab Jobs



Head Chef

Reads each step out loud. Checks the card.



Measurer

Gets and measures each ingredient.



Mixer / Cook

Mixes, cooks, and watches the timer.



Clean-Up Captain

Washes, dries, and wipes as we go.

Safety

Be Safe



🍬 Hot sugar/caramel burns badly. Do not touch or taste it hot.

🔥 Pan handles turned \1. Stay by the stove.

👩‍🍳 Lab

Steps 1 of 2



1. 🧼 Wash the apples well to take off the wax. Dry them.
2. 🥢 Push a stick deep into the top of each apple.
3. 🧊 Put the apples on parchment. Freeze \1.
4. 🧈 Melt the butter in the saucepan on medium-high.
5. 🟫 Stir in the brown sugar, corn syrup, and sweetened condensed milk.

👩‍🍳 Lab

Steps 2 of 2



1. 🌡️ Cook and stir \1 until the thermometer says \1 (12–15 minutes).
2. 🍦 Take it off the heat. Stir in the vanilla.
3. 🍏 Dip a cold apple. Turn it fast. Let the extra drip off.
4. 🍫 Roll it in toppings right away.
5. ❄️ Set it on parchment. Chill \1. Photo!

🎬 Video

How to make PERFECT CARAMEL APPLES

Scan to watch

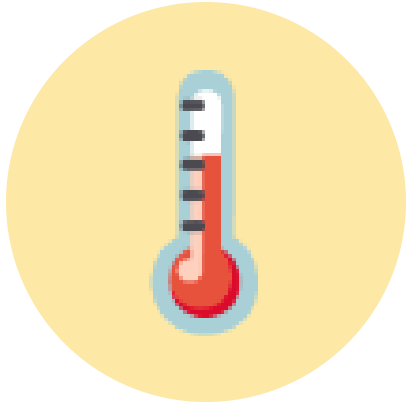
👀 Watch for: the thermometer

💬 Captions on

▶️ YouTube

https://www.youtube.com/watch?v=sMmX-iQaBYs

🃏 Check 1 of 3



What temperature means the caramel is ready?

Hold up 1, 2, or 3:

1️⃣ 235–240°F

2️⃣ 100°F

3️⃣ 400°F

✅ Answer · Card 1 of 3



235–240°F

Soft-ball stage: 235–240°F on the candy thermometer.

🃏 Check 2 of 3



Why chill the apples first?

Hold up 1, 2, or 3:

1️⃣ They taste sweeter

2️⃣ They get soft

3️⃣ Caramel sticks and sets faster

✅ Answer · Card 2 of 3



Caramel sticks and sets faster

Cold apples help the caramel set.

🃏 Check 3 of 3



What paper do the apples sit on?

Hold up 1, 2, or 3:

1️⃣ Wax paper

2️⃣ Parchment

3️⃣ Foil

✅ Answer · Card 3 of 3



Parchment

Wax paper and foil stick to hot caramel.

Wrap-Up

Clean Up + Reflect



- 🧽 Wash, dry, and put away every tool
- 🧻 Wipe counters, sink, and stove
- 📸 Take your 5 lab photos
- 📝 Fill in the lab reflection