Culinary 1 · Unit 4 · Level 1

Yeast Breads



TODAY'S PLAN

- 🦠 Yeast
- 🤲 Knead
- ⏰ Rise
- 🥨 Pretzels
- ⭐ Great Job

Last Time

Last Time

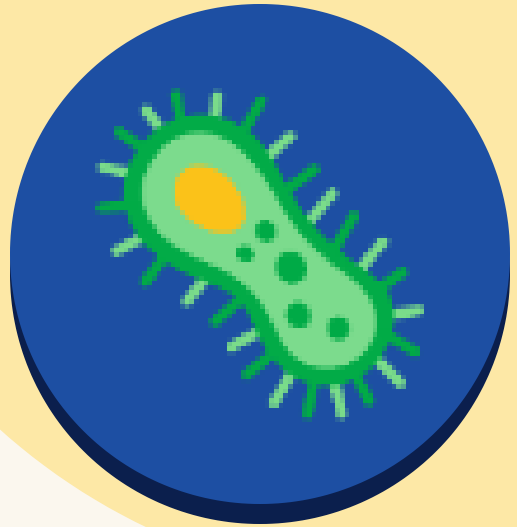


👉 Muffins: mix **a little.** 🧁

👉 Toothpick clean = **done.** 🪥

Learn

Yeast



🦠 **Yeast** is alive!

🍬 Yeast eats **sugar**.

🫧 It makes bubbles. Bread **rises**.

Learn

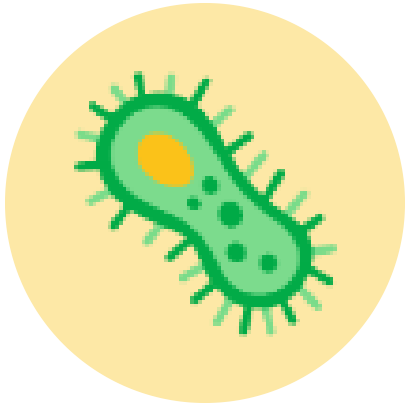
Yeast Breads

🍞 Bread, 🍕 pizza, 🥨 pretzels.

⏰ They need **time**.



Check 1 of 3



What does yeast eat?

Point to the picture!

Salt

Sugar

✅ Answer · Card 1 of 3



Sugar

Yeast eats sugar and makes bubbles.

Learn

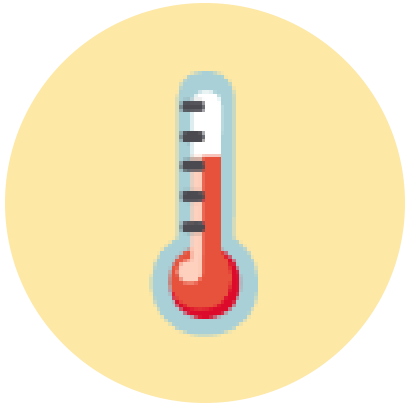
Warm Water



🌡️ Yeast likes **warm** water.

🔥 Too hot? Yeast **dies**.

Check 2 of 3



Yeast likes water that is...

Point to the picture!

Warm

Ice cold

✅ Answer · Card 2 of 3



Warm

Warm, like a bath. Not hot.

Learn

Knead

🤲 **Push. Fold. Turn.**

✅ Smooth and stretchy.



Learn

Let It Rise



⏰ Wait. The dough gets **big**.

🫧 This is **proofing**.

Learn

Dough Hook

🪝 The **dough hook** kneads for you.

⚠️ Mixer **off** to change it.



🃏 Check 3 of 3



Which mixer tool kneads dough?

Point to the picture!

🪝 Dough hook

🥚 Whip

✅ Answer · Card 3 of 3

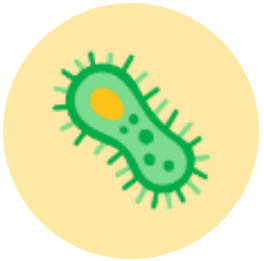


Dough hook

The dough hook kneads bread dough.

Wrap-Up

Recap



Yeast
eats sugar



Warm water
not hot



Knead
push, fold, turn



Rise
wait

Wrap-Up

Great Job!



🥨 I can make pretzels!

🤲 I can knead!