🥨 Pretzel Lab · Get Ready

Culinary 1 · Unit 4 · Level 1 · Fri 10/16 (Blue) · Wed 10/21 (Gold)



Name: _____

👥 My job. Circle it.

 **Head Chef** I read the card.	 **Measurer** I measure.	 **Mixer / Cook** I mix and cook.	 **Clean-Up Captain** I clean up.

🧰 Get the tools. Check ☐.

- ☐  Medium bowl + spoon
- ☐  Thermometer
- ☐  Clean counter + spray
- ☐  Dipping bowl
- ☐  Greased parchment + sheet
- ☐  Oven mitts

🧺 Get the food. Check ☐.

- ☐  flour
- ☐  yeast
- ☐  brown sugar
- ☐  salt
- ☐  warm water (110-120°F)
- ☐  hot water
- ☐  baking soda
- ☐  coarse salt
- ☐  melted butter + cinnamon sugar

⚠️ Be safe!

🧤 Use oven mitts. Hot!

♨️ Hot water! Go slow.

🧼 Before we cook

☐ 🧼 Wash hands ☐ 🥼 Apron on ☐ 👱 Hair back ☐ 📵 No phone