🥨 Pretzel Lab

Culinary 1 · Unit 4 · Level 1 · Fri 10/16 (Blue) · Wed 10/21 (Gold)



Name: _____

Makes 2 big pretzels. Mrs. Dyches' recipe: Auntie Anne's Pretzels (small batch).

🧺 Pretzel dough: get it. Check ☐.

- ☐ 🌾 **2 c** flour
- ☐ 🟤 **1 tsp** yeast
- ☐ 🟫 **1 Tbsp** brown sugar
- ☐ 🧂 **½ tsp** salt
- ☐ 💧 **¾ c** warm water (110-120°F)

🧺 Dip: get it. Check ☐.

- ☐ ♨️ **2 c** hot water
- ☐ 🥄 **2 Tbsp** baking soda

🧺 Topping (pick): get it. Check ☐.

- ☐ 🧂 coarse salt
- ☐ 🧈 melted butter + cinnamon sugar

👩‍🍳 Do one box. Check ☐ it.

1		Oven on: **450**.	☐
2		Yeast + sugar + water.	☐
3		Add flour + salt.	☐
4		Knead it.	☐
5		Roll a long snake.	☐
6		Twist a pretzel.	☐
7		Dip **30** seconds.	☐
8		Salt on top.	☐
9		Bake **10** minutes. Photo!	☐

💡 *The older Unit 4 card is the group pretzel recipe. This packet uses her small batch (2 pretzels).*