Culinary 1 · Unit 3 · Level 1

Quick Breads



TODAY'S PLAN

- ⚡ Quick Breads
- 🧁 Muffins
- 🥐 Scones
- ⭐ Great Job

Last Time

Last Time



👉 Scoop and **level** the flour. 📏

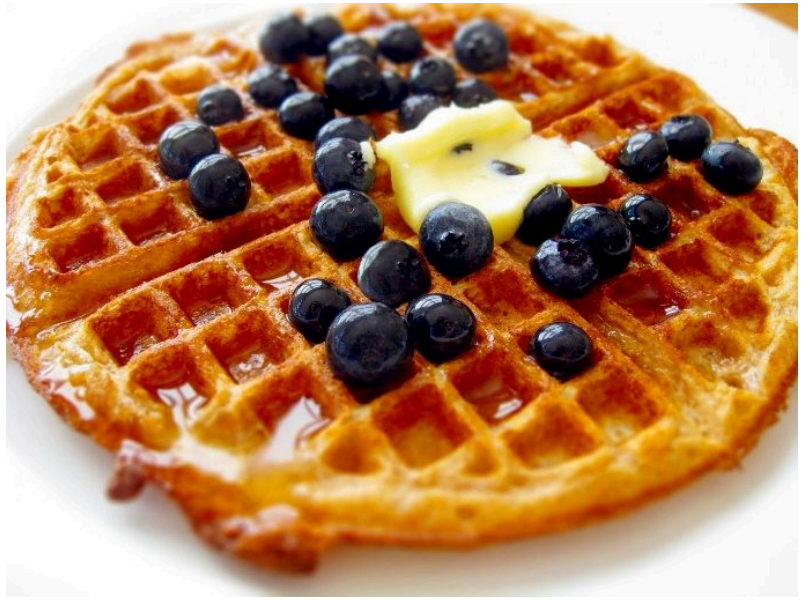
👉 Sugar makes it **sweet**. 🍬

Learn

Quick Breads

⚡ **Quick breads** are fast.

🧁 Muffins, 🥞 pancakes, 🧇 waffles.



Learn

Baking Powder



🫧 **Baking powder** makes bubbles.

⬆️ Bubbles make bread **rise**.

🃏 Check 1 of 3



Which one is a quick bread?

Point to the picture!

🍕 Pizza

🧁 Muffin

✅ Answer · Card 1 of 3



Muffin

Muffins are quick. Pizza dough uses yeast.

Learn

Muffins

🥣 Dry bowl. 🥛 Wet bowl.

🥄 Mix **a little**. Lumps are OK!



Learn

Don't Mix Too Much

🚫 Too much mixing = **holes**.

✅ Stir just until wet.

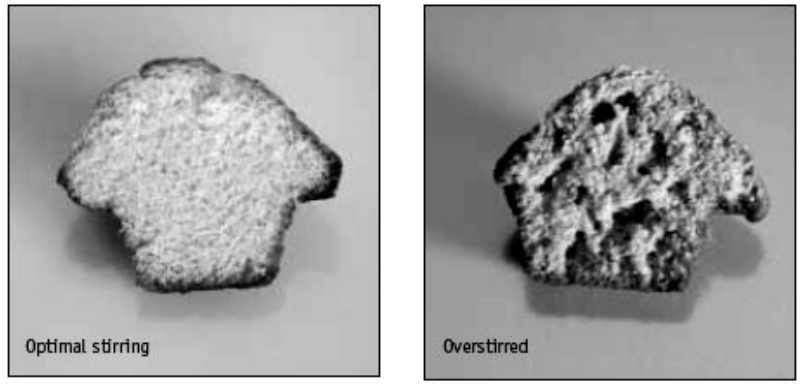


FIGURE 23-2 Overstirring muffin batter results in tunnels.

Check 2 of 3



Muffins: how much do you mix?

Point to the picture!

A little

A lot

✅ Answer · Card 2 of 3



A little

Stir just until wet. Lumps are OK.

Learn

Is It Done?



🪥 Poke a **toothpick** in.

✅ Clean toothpick = **done**!

Learn

Scones

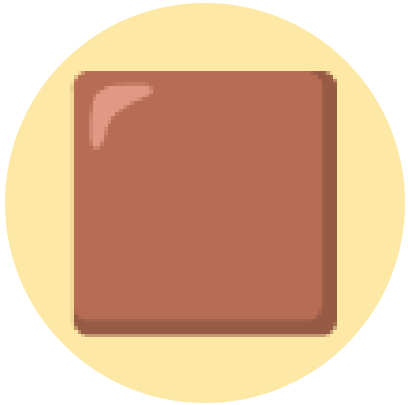
🧈 Cold butter + flour.

🍴 Use a **pastry blender**.

🟫 Bake until **golden brown**.



🃏 Check 3 of 3



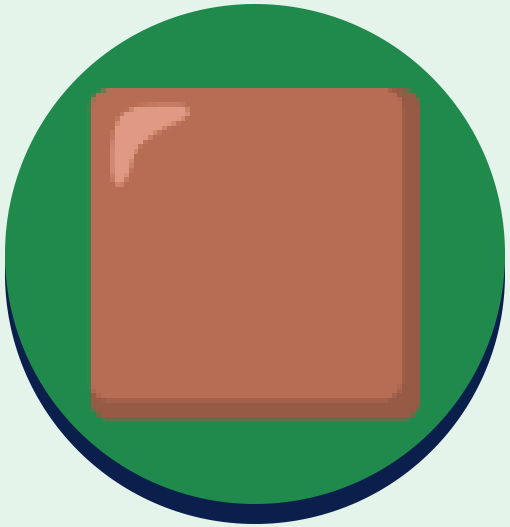
Scones are done when they are…

Point to the picture!

🟫 Golden brown

⬜ White

✅ Answer · Card 3 of 3



Golden brown

Golden brown on top means done.

Wrap-Up

Recap



Quick bread
fast



Baking powder
makes it rise



Mix a little
lumps are OK



Toothpick
clean = done

Wrap-Up

Great Job!



🧁 I know quick breads!

🥐 I can make scones!