🧁 Muffin Lab · Get Ready

Culinary 1 · Unit 3 · Level 1 · Wed 9/30 (Blue) · Thu 10/1 (Gold)



Name: _____

👥 My job. Circle it.

 **Head Chef** I read the card.	 **Measurer** I measure.	 **Mixer / Cook** I mix and cook.	 **Clean-Up Captain** I clean up.

🧰 Get the tools. Check ☐.

- ☐  Muffin pan + 6 liners
- ☐  Medium bowl + whisk
- ☐  Liquid measuring cup
- ☐  Rubber spatula
- ☐  Fork
- ☐  Toothpick

🧺 Get the food. Check ☐.

- ☐  all-purpose flour
- ☐  white sugar
- ☐  baking powder
- ☐  salt
- ☐  vegetable oil
- ☐  egg (beat 1 egg
- ☐  milk
- ☐  blueberries (or ⅓ cup chocolate chips)
- ☐  sugar
- ☐  flour
- ☐  butter
- ☐  cinnamon

⚠️ Be safe!

 Use oven mitts. Hot!

 Egg hands? Wash them.

🧼 Before we cook

☐ 🧼 Wash hands ☐ 🥼 Apron on ☐ 👱 Hair back ☐ 📵 No phone