Culinary 1 · Unit 1 Lab · Level 2

Reading a Recipe & Mystery Lab



TODAY'S PLAN

- 👥 Jobs
- ⚠️ Safety
- 👩‍🍳 Steps
- ✅ Check
- 🧽 Clean up + reflect

Get ready

Lab Jobs



Head Chef

Reads each step out loud. Checks the card.



Measurer

Gets and measures each ingredient.



Mixer / Cook

Mixes, cooks, and watches the timer.



Clean-Up Captain

Washes, dries, and wipes as we go.

Safety

Be Safe



🔥 Pan handles turned \1. Stay by the stove.

🥚 Raw egg: wash hands after you crack eggs. Cook eggs all the way.

👩‍🍳 Lab

Steps 1 of 2



1. 📖 \1 That is the trick of the mystery lab!
2. 🥣 Mix the 3 eggs with a fork.
3. 🥛 Add milk, cinnamon, vanilla, salt, and nutmeg. Stir.
4. 🥧 Pour the egg mix into the pie pan.

👩‍🍳 Lab

Steps 2 of 2



1. 🍳 Heat the frying pan on \1. Spread a little butter.
2. 🍞 Dip a bread slice in the egg. Coat both sides. Drain a little.
3. 🔥 Cook until golden brown. \1. Do not mash it.
4. 🍽️ Add butter between slices. Serve with syrup or jam. Photo!

🃏 Check 1 of 2



What is the secret of the mystery lab?

Hold up 1, 2, or 3:

1️⃣ Read the whole recipe before you start

2️⃣ Cook as fast as you can

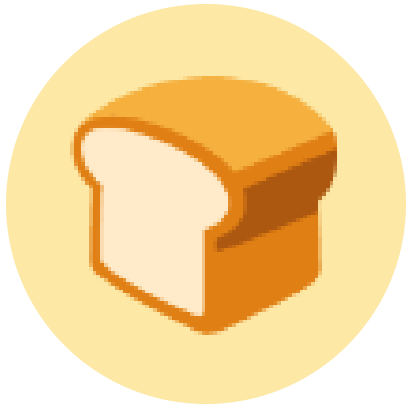
3️⃣ Skip the last steps



Read the whole recipe before you start

Reading first saves time and mistakes.

🃏 Check 2 of 2



What did the mystery recipe make?

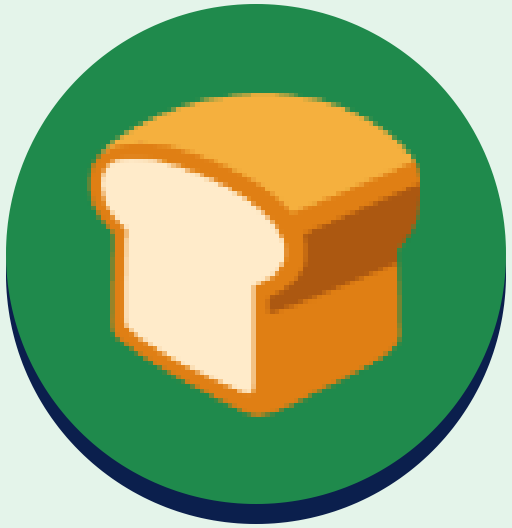
Hold up 1, 2, or 3:

1️⃣ Pancakes

2️⃣ Cookies

3️⃣ French toast

✅ Answer · Card 2 of 2



French toast

Eggs + milk + bread = French toast.

Wrap-Up

Clean Up + Reflect



- 🧽 Wash, dry, and put away every tool
- 🧻 Wipe counters, sink, and stove
- 📸 Take your 5 lab photos
- 📝 Fill in the lab reflection