🕵️ Reading a Recipe & Mystery Lab

Culinary 1 · Unit 1 · Level 2 · Thu 9/23 (Blue) · Fri 9/24 (Gold)



Name: _____ Date: _____ Period: _____

Makes 6 slices French toast. Mrs. Dyches' recipe: FHS Mystery Recipe (the mystery is French toast!).

🧺 Use only these

- ☐ 🥚 **3** eggs
- ☐ 🥛 **¾ C** milk
- ☐ 🟤 **¼ tsp** cinnamon
- ☐ 🍦 **½ tsp** vanilla
- ☐ 🧂 **⅛ tsp** salt
- ☐ 🌰 **pinch** nutmeg
- ☐ 🧈 **1-2 Tbsp** butter
- ☐ 🍞 **6 slices** bread

👩‍🍳 Steps: check each box when you finish

1		**Read the whole recipe first.** That is the trick of the mystery lab!	☐
2		Mix the 3 eggs with a fork.	☐
3		Add milk, cinnamon, vanilla, salt, and nutmeg. Stir.	☐
4		Pour the egg mix into the pie pan.	☐
5		Heat the frying pan on **medium**. Spread a little butter.	☐
6		Dip a bread slice in the egg. Coat both sides. Drain a little.	☐
7		Cook until golden brown. **Flip once**. Do not mash it.	☐
8		Add butter between slices. Serve with syrup or jam. Photo!	☐

💡 *Her real Mystery Recipe hides the steps in a long list on purpose. SLE students can do the real sheet with a highlighter (read it all, then cross out the 'omit' lines with staff) or use this clean card.*