Culinary 1 · Unit 1 Lab · Level 1

Reading a Recipe & Mystery Lab



TODAY'S PLAN

- 👥 Jobs
- ⚠️ Safety
- 👩‍🍳 Steps
- ✅ Check
- 🧽 Clean up + reflect

Get ready

Lab Jobs



Head Chef

I read the card.



Measurer

I measure.



Mixer / Cook

I mix and cook.



Clean-Up Captain

I clean up.

Safety

Be Safe



🔥 Handle in. Stay by the stove.

🥚 Egg hands? Wash them.

👩‍🍳 Lab

Steps 1 of 2



1. 📖 Read it all first!
2. 🥣 Mix the eggs.
3. 🥛 Add milk + cinnamon.
4. 🥧 Pour in the pan.

👩‍🍳 Lab

Steps 2 of 2



1. 🍳 Butter in the hot pan.
2. 🍞 Dip the bread.
3. 🔥 Cook. Flip 1 time.
4. 🍽️ Eat! Photo!

🃏 Check 1 of 2



First I…

Point to the picture!

1️⃣ 🏃 Start fast

2️⃣ 📖 Read it all

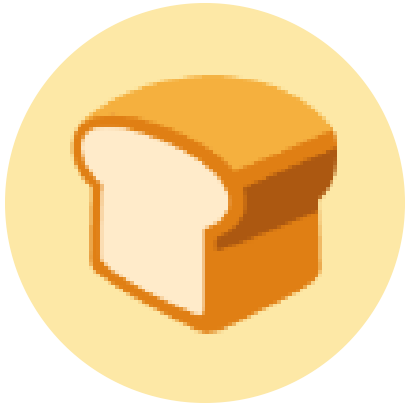
✅ Answer · Card 1 of 2



📖 Read it all

Read the whole recipe first.

🃏 Check 2 of 2



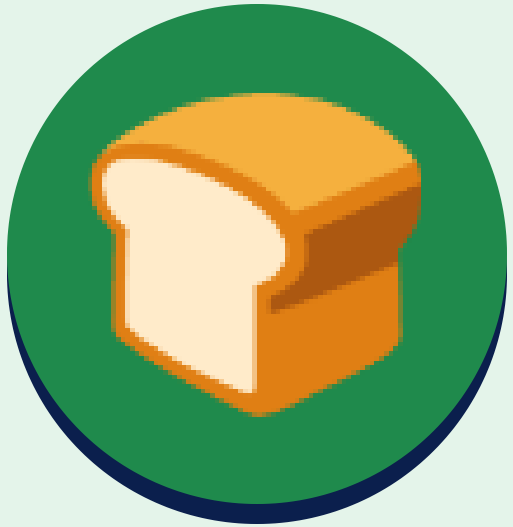
Flip it how many times?

Point to the picture!

1️⃣ 1️⃣ 1

2️⃣ 🔟 10

✅ Answer · Card 2 of 2



1️⃣ 1

Flip only once.

Wrap-Up

Clean Up + Reflect



- 🧽 Wash, dry, put away
- 🧻 Wipe the counter
- 📸 Take a photo
- 😀 Fill in my check sheet