Culinary 1 · Unit 1 Lab · Level 1

Mug Cake 3 Ways Lab



TODAY'S PLAN

- 👥 Jobs
- ⚠️ Safety
- 👩‍🍳 Steps
- ✅ Check
- 🧽 Clean up + reflect

Get ready

Lab Jobs



Head Chef

I read the card.



Measurer

I measure.



Mixer / Cook

I mix and cook.



Clean-Up Captain

I clean up.

Safety

Be Safe



📡 No metal in the microwave.

👩‍🍳 Lab

Steps 1 of 2



1. 🧼 Wash hands.
2. 🌾 Flour, sugar, powder in.
3. 🥛 Milk, oil, vanilla in.
4. 🍫 Add my flavor.

👩‍🍳 Lab

Steps 2 of 2



1. 🍴 Mix.
2. 📡 Microwave \1 minute.
3. 🧤 Hot pad. Photo!

🃏 Check 1 of 2



Metal in the microwave?

Point to the picture!

1️⃣ 👍 Yes

2️⃣ ✋ No

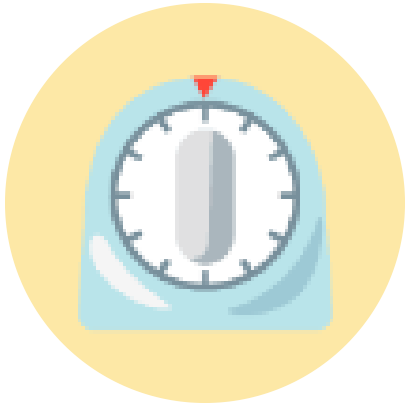
✅ Answer · Card 1 of 2



✋ **No**

Metal can spark.

🃏 Check 2 of 2



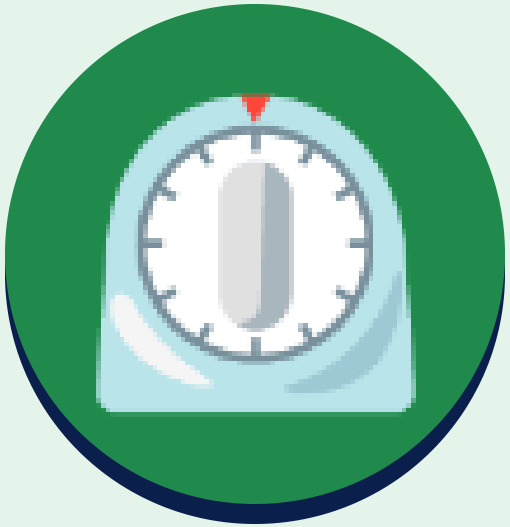
How long first?

Point to the picture!

1️⃣ 1️⃣ 1 minute

2️⃣ 🔟 10 minutes

✅ Answer · Card 2 of 2



1️⃣ 1 minute

1 minute, then 30 seconds more.

Wrap-Up

Clean Up + Reflect



- 🧽 Wash, dry, put away
- 🧻 Wipe the counter
- 📸 Take a photo
- 😀 Fill in my check sheet