✅ Blood Sugar & Diabetes Quiz · ANSWER KEY

Biology A · Unit 6 · Level 2 (modified). 10 questions · 3 choices each · 1 point each.

Name: _____

Circle the best answer. You may have the questions read aloud.

1. 📊 Which is an accurate claim from the CDC data? CIEvR #1 Q1

- A. Few Americans develop type 2 diabetes
- **B. Many American adults are at risk for type 2 diabetes**
- C. Exercise increases the risk of type 2

2. 🏃 Exercise lowers the risk of type 2 diabetes because… CIEvR #1 Q3

- A. Jump rope is the only way
- B. It makes you hungry
- **C. Exercise uses sugar, which lowers blood sugar**

3. 🥗 Which claim fits the blood sugar data? CIEvR #2 Q1

- **A. Healthy food choices can help regulate blood sugar**
- B. Food does not affect blood sugar
- C. Bread does not raise blood sugar

4. 🔥 Low-intensity exercise lowers blood sugar because… CIEvR #2 Q3

- A. You stop eating
- B. Muscles release sugar
- **C. Cells take in more sugar for energy**

5. 🩸 Which is true of BOTH types of diabetes? CIEvR #3 Q1

- **A. They cannot regulate blood sugar well with insulin**
- B. They make extra insulin
- C. They are caused only by candy

6. 🏭 Insulin is made by the… A3 Homeostasis

- A. Liver
- **B. Pancreas**
- C. Stomach

7. 🔓 When blood sugar is low, the pancreas releases… A3 Homeostasis

- A. Insulin
- **B. Glucagon**
- C. Saliva

8. 🌡️ The body's ability to stay in balance is… A3.10 review

- **A. Homeostasis**
- B. Digestion
- C. Combustion

9. 🧬 Which is a GENETIC risk factor? A7 Risks

- A. Daily soda
- B. Not sleeping
- **C. Family history**

10. 🥗 Which is a prevention idea from A8? A8 Solutions

- **A. More time for physical activity at school**
- B. Bigger soda sizes
- C. Less PE

Answers

1-B · 2-C · 3-A · 4-C · 5-A · 6-B · 7-B · 8-A · 9-C · 10-A

Reworded from the gen ed "ClEvR Quizzes #1-3 (Canvas, answers stored), A3 Homeostasis, A3.10 review, A7, A8". Score: __ / 10.

🔑 *“ClEvR” items use the answers stored in her Canvas quizzes (reworded, choices cut to 3). Other items: key written by our team, please check. Her Diabetes test (28 pts) is on paper and not in the export; this is a “From review” test.*