🎬 Roots of Resilience (Native communities and diabetes) · ANSWER KEY

Biology A · Unit 6 · Level 2 video guide (modified). Video: Roots of Resilience: Confronting Diabetes in Native American Communities (YouTube, link in her Canvas).

Name: _____

Before you watch

What foods are traditional in your family or culture?

_____

While you watch: circle the best answer

1. What historical factors raised diabetes in Native communities?

A. Too many vegetables | **B. Colonization and loss of traditional foods** | C. Too much exercise

2. Which foods replaced traditional diets?

A. Fresh corn and beans | B. Wild rice and fish | **C. Processed flour, sugar, lard, canned goods**

3. Chef Sean Sherman ("The Sioux Chef") works to…

A. Bring back Indigenous foods | B. Sell soda | C. Close farms

4. Food sovereignty means a community…

A. Buys all food from far away | B. Stops eating | **C. Controls its own healthy food**

5. Why is diabetes both a medical and a cultural issue in the film?

A. It is tied to history, food, and family ways | B. It is only about medicine | C. It is only about sports

After you watch: finish the sentence

6. One personal action I could take:

I could _____. _____

Goes with the class "Roots of Resilience video worksheet (her answer key used)" (5 pts). Same points when complete. Answers match the answer key in her Roots of Resilience worksheet file.

💗 This film is about Native communities and historical harm. Speak about communities with respect; do not single out any student's background.

🔑 Key written by our team from Ms. Dunham's materials, please check.