✅ Food & Digestion Quiz

Biology A · Unit 4 · Level 2 (modified). 10 questions · 3 choices each · 1 point each.

Name: _____

Circle the best answer. You may have the questions read aloud.

1. 🍽️ The three main macromolecules are…

A. Water, salt, air

B. Carbohydrates, lipids, proteins

C. Vitamins, minerals, sugar

2. 🍗 Proteins are made of…

A. Glucose

B. Fatty acids

C. Amino acids

3. 🧈 Lipids are made of…

A. Fatty acids and glycerol

B. Amino acids

C. Starch

4. 🍞 Carbohydrates are made of…

A. Amino acids

B. Glycerol

C. Glucose

5. ⚡ Our main source of energy is…

A. Glucose

B. Fiber

C. Water

6. 🍽️ The process your body uses to break down food is…

A. Photosynthesis

B. Digestion

C. Homeostasis

7. ⬇️ The tube that carries food to the stomach is the…

A. Small intestine

B. Esophagus

C. Liver

8. 🌀 Nutrients are absorbed into the blood in the…

A. Small intestine

B. Stomach

C. Mouth

9. 🚽 The large intestine mostly absorbs…

A. Protein

B. Air

C. Water

10. 🥬 Cellulose (fiber)…

A. Is not digested by us

B. Is our main energy

C. Is a protein