🎬 Benefits of Greek Yogurt

Ag Science 1 · Unit 6 · Level 1 video guide · 10 pts

Name: _____

👀 Watch for these pictures.



Mr. Torretta's Greek Yogurt sheet (class video or reading).

1. Yogurt is made from…



Milk



Carrots

2. Yogurt has good…



Germs (probiotics)



Candy

3. Greek yogurt has more…



Sugar



Protein

4. Look for yogurt with less…



Milk



Sugar

⭐ **My favorite part:** _____