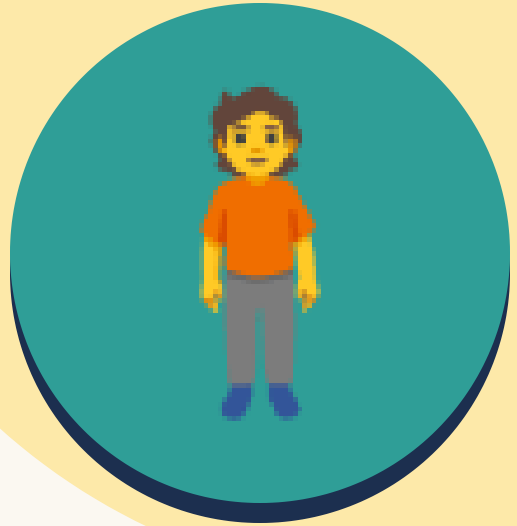
SEL · Wednesday · Gold · 8th period

Reading Others: Body Clues



TODAY'S PLAN

💬 Check-In	12:55–1:05	10 min
🔁 Last Time	1:05–1:10	5 min
🔍 Reading Cues, Sort + Game	1:10–1:50	40 min
📒 Notebook	1:50–2:05	15 min
👋 Closing	2:05–2:15	10 min

Check-In

Energy Check



Show your energy on your fingers.

Say 1 word for how you feel.

1 😴 | 2 😕 | 3 🙂 | 4 😀 | 5 🤩

Check-In

Pocket Card Check



Is your pocket card with you?

👍 Thumbs up if you used your goal tool this week.

Last Time

Last Time: Face Clues



Explain

💬

Which 3 face parts give clues?

Apply

👀

Eyes wide.
Eyebrows up.
Mouth open.
What might they feel? Why?

Last Time

Check: Last Time





Eyes
Clue 1



Eyebrows
Clue 2



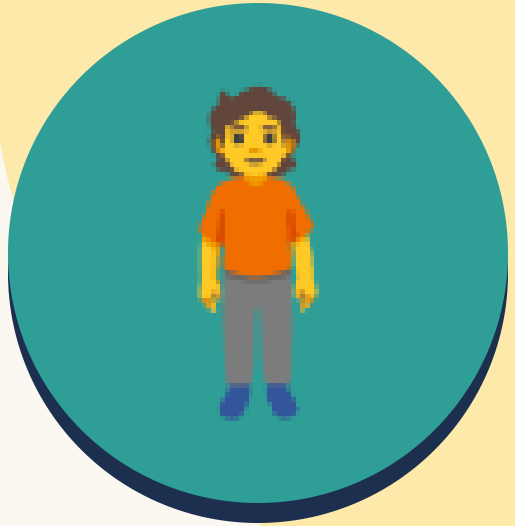
Mouth
Clue 3



Surprised or scared
Because the eyes are wide.

Learn

Bodies Talk Too



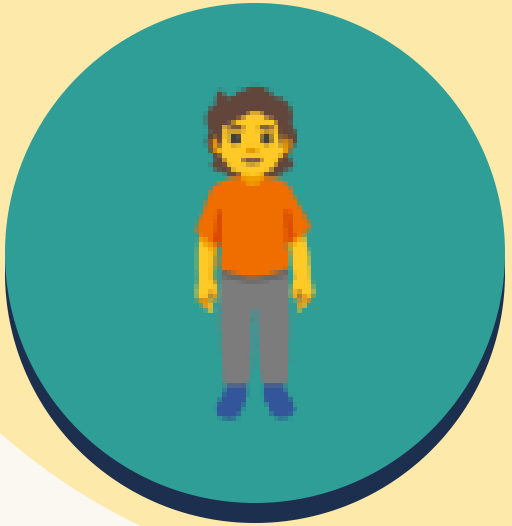
Body language is what a body shows without words.

Look at shoulders, arms, hands, and feet.

Then look at the face too. 😀

Learn

4 Body Clues





Shoulders and head

Up high?
Slumped down?



Arms

Crossed? Open?
Waving?



Hands

Fists? Tapping?
Still?



Feet

Stomping?
Bouncing?
Shuffling?

Learn

Careful: One Clue Isn't Enough



One clue

1️⃣

Crossed arms can mean mad.
It can also mean cold! 🥶

More clues

🔍

Look at the face too. Think about what just happened.

Practice

Which Feeling?



Read the body clues.

Vote 1, 2, or 3.

Say: “because ___.”

1️⃣ 2️⃣ 3️⃣

🃏 Card 1 of 4



Arms crossed. Foot stomps. Face is red.

Vote!

1 😠 mad

2 😊 happy

3 😴 tired

✅ Answer · Card 1 of 4



Mad

Crossed arms, stomping, and a red face are mad clues.

🃏 Card 2 of 4



Hands tap the desk. Knee bounces. Eyes look at the door.

Vote!

1 🤩 excited

2 😟 nervous

3 😢 sad

✅ Answer · Card 2 of 4



Nervous

Tapping and looking for a way out are nervous clues.

🃏 Card 3 of 4



Shoulders slump. Head is down. Walks slowly.

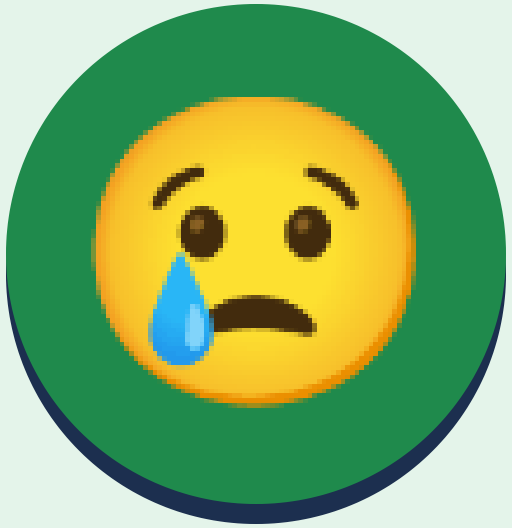
Vote!

1 😢 sad

2 😠 mad

3 🤩 excited

✅ Answer · Card 3 of 4



Sad

A slumped, slow body is a sad clue. (Tired can look like this too.)

🃏 Card 4 of 4



Jumps up and down. Arms wave. Big smile.

Vote!

1 😟 nervous

2 😢 sad

3 🤩 excited

✅ Answer · Card 4 of 4



Excited

Bouncing, waving arms, and a smile are excited clues.

Recap

Recap: Body Clues





Mad
Crossed arms, stomping



Nervous
Tapping, bouncing knee



Sad
Slumped, head down



Excited
Jumping, waving

Sort

Clue Sort: Body Clues



Read each body clue.

Vote 1, 2, or 3 for the column.

Explain: “This goes with ___ because ___.”

1️⃣ 😠 Mad

2️⃣ 😟 Nervous

3️⃣ 😢 Sad

Sort

The Cards

1. ✊ Hands make tight fists.
2. 🦵 A knee bounces fast.
3. 🤷 Shoulders slump forward.
4. 🦶 A foot stomps.
5. ✏️ Fingers tap a pencil again and again.
6. 🐢 Head down. Walks slowly.

Then, with a partner

Partners: pick 2 cards from different columns. Make up a situation where both clues fit. What would you check next?

Sort

Check the Sort

😠 Mad

✊ Hands make tight fists.

🦶 A foot stomps.

😟 Nervous

🦵 A knee bounces fast.

✏️ Fingers tap a pencil again and again.

😢 Sad

🤷 Shoulders slump forward.

🐢 Head down. Walks slowly.

Trick card: arms crossed. Mad? Cold? It needs a second clue.

Game

🎮 Game: Body Clues

Scan to play

Sort body clues into feelings.

Match bodies. Check every cue.

Play together on the big screen.

https://grantdriver.github.io/games/sel-social-awareness-body-clues-L2.html

Project

Notebook: Page 2



1. Open your notebook to Page 2.
2. Draw or glue a body picture.
3. Write 2 body clues.
4. Write: “I think they feel ___ because their ___.”

Project

Partner Share



Share



Act out your body clue. No words!

Partner



Guess the feeling. You can pass.

Closing

Great Work Today!



One body clue I will look for is ___.

Friday: voice and place clues! 🗣️📍