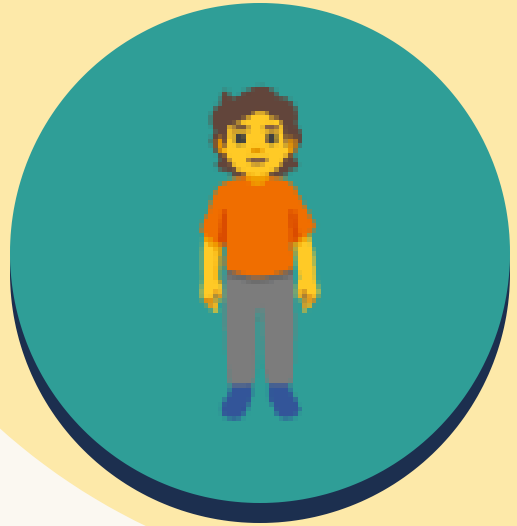
SEL · Tuesday · Blue · 2nd period

Body Clues



TODAY'S PLAN

📝	Check In	9:35	10 min
🔁	Last Time	9:45	5 min
🔍	Clues, Sort + Game	9:50	40 min
📒	Notebook	10:30	15 min
👋	Bye	10:45	10 min

Check-In

Check-In Form



Open the form

Staff can help you.

Type my code

Use your 2 letters.

Tap 1 to 5

Answer all 3 questions.

Send it

Tap the Submit button.

Check-In

My Goal Card



Week 2



Did I use my calm-down tool this week?

Color the box



😊 yes
😐 some
😕 not yet

Check-In

Energy Check



Show your energy on your fingers. ✋

Say 1 word for how you feel.

1 😴 2 😕 3 🙂 4 😀

5 🤩

Last Time

Last Time: Face Clues



👀 Name the 3 face clues.

😮 Eyes are wide and the mouth is open. How might they feel?

💬 What clue told you?

Last Time

Check: Last Time





Eyes
Clue 1



Eyebrows
Clue 2



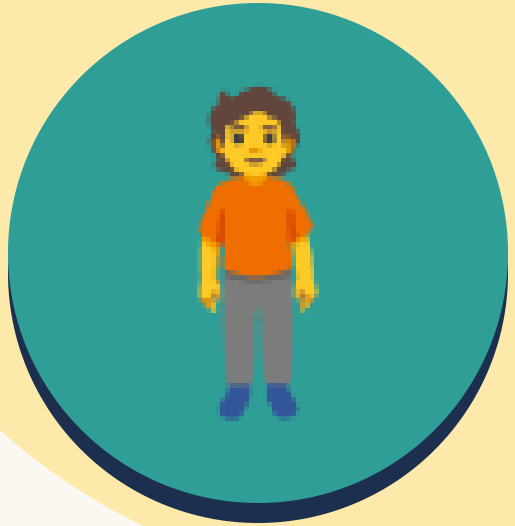
Mouth
Clue 3



Surprised
Because the eyes are wide.

Learn

Bodies Talk Too



🧍 Our bodies show feelings, even when we don't talk.

🔍 Look at the head, arms, hands, and feet.

💬 Then we say the clue that told us.

Learn

4 Body Clues



🙇 **Head down, slow walk**
😢 Can mean sad

💪 **Arms crossed, stomping**
😠 Can mean mad

🙌 **Jumping, arms up**
🤩 Can mean excited

😮 **Shaking, hiding**
😨 Can mean scared

Learn

Careful: One Clue Isn't Enough



One clue

🥶

Crossed arms can mean mad.
They can also mean cold!

Check more

🔍

😀 Look at the face too.
❓ What just happened?

Practice

How Do They Feel?



👀 Read the body clues.

✋ Pick 1, 2, or 3 on your fingers.

💬 Say: “The clue was ___.”

1️⃣ 2️⃣ 3️⃣

🃏 Card 1 of 4



🙇 Their head is down. They walk very slowly to class.

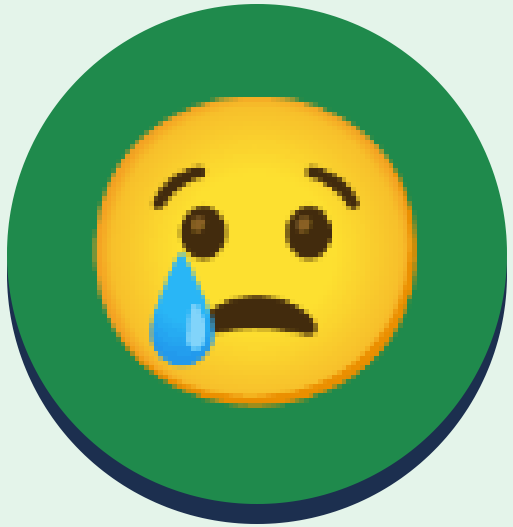
Pick!

1 😢 sad

2 🤩 excited

3 😠 mad

✅ Answer · Card 1 of 4



Sad

Head down and a slow walk are sad clues. Tired can look like this too, so check the face!

🃏 Card 2 of 4



🙌 They jump up and down and throw their arms up high.

Pick!

1 😢 sad

2 😨 scared

3 🤩 excited

✅ Answer · Card 2 of 4



Excited

Jumping and arms up high are excited clues.

🃏 Card 3 of 4



💪 Their arms are crossed, and their feet stomp on the floor.

Pick!

1 😠 mad

2 😊 happy

3 😴 tired

✅ Answer · Card 3 of 4



Mad

Crossed arms and stomping feet are mad clues.

🃏 Card 4 of 4



😮 Their hands shake, and they hide their face behind a book.

Pick!

1 😊 happy

2 😨 scared

3 🤩 excited

✅ Answer · Card 4 of 4



Scared

Shaking hands and hiding are scared clues.

Recap

Recap: Body Clues





Sad
Head down, slow walk



Excited
Jumping, arms up



Mad
Arms crossed, stomping



Scared
Shaking, hiding

Apply

Your Turn: Read the Room



🏫 A student sits alone at lunch. Their head is down.

😢 How might they feel?

💬 What clue told you? What else could you check?

Sort

Clue Sort: Body Clues



👀 Read each body clue card.

✋ Show 1, 2, or 3 fingers: which feeling does it go with?

💬 Say: “This clue goes with ___ because ___.”

1️⃣ 😢 Sad

2️⃣ 😠 Mad

3️⃣ 🤩 Excited

Sort

The Cards

1. 🙇 Their head hangs down.
2. 🦶 Their feet stomp hard.
3. 🙌 Their arms go up high.
4. 🐢 They walk very slowly.
5. 💪 Their arms are crossed tight.
6. 🦘 They jump up and down.

Then, with a partner

🗣️ Pick one card. Act it out with no words. Your partner says the feeling and the clue.

Sort

Check the Sort

😢 Sad

- 🙍 Their head hangs down.
- 🐢 They walk very slowly.

😠 Mad

- 🦶 Their feet stomp hard.
- 💪 Their arms are crossed tight.

🤩 Excited

- 🙌 Their arms go up high.
- 🦘 They jump up and down.

Careful! Crossed arms can also mean cold 🥶. Check one more clue.

Game

🎮 Game: Body Clues

Scan to play

🧩 Match the body to the feeling.

🔍 Find the clue. Put the steps in order.

Play together on the big screen.

https://grantdriver.github.io/games/sel-social-awareness-body-clues-L1.html

Project

Notebook: Page 2



1. 📒 Open your notebook to Page 2.
2. ✂️ Glue a body picture and a feeling face.
3. 🔍 Circle the body clue you see.
4. ✏️ Write or trace: I think they feel ___ because ___.
5. 🗣️ Tell a partner what clue told you.

Closing

Great Work Today!



🧍 One body clue I will look for is ___.

🗣️ Thursday: voice clues and place clues!