Transitions · Monday · Gold · 7th period

Start Unit 2: Independent Living



TODAY'S PLAN

👋 Check In	**11:00–11:10**	10 min
🔁 Last Time	**11:10–11:15**	5 min
📣 Learn the 5 Skills	**11:15–11:30**	15 min
🗂️ Video, Sort + Rate	**11:30–12:05**	35 min
🎮 Game + Wrap-Up	**12:05–12:20**	15 min

Opener

Check In



🔋 Rate your energy, 1 to 5.

🏠 Write 1 job you did at home this week.

Last Time

Last Time: Speak Up for Me



1. **Explain:** What makes an ask strong? Name 2 parts.
2. **Apply:** Your teacher talks too fast. What do you say?
3. **Explain:** Why is “Can I have more time, please?” better than “Give me more time!”?

Learn

Learn the Word



Independent living means I do my home jobs myself.

It also means I ask for help the right way. 🙋

Nobody does everything alone.

Learn

Meet the 5 Skills



- 🍴 **Sort** utensils
- 🧼 **Wash** dishes
- 🧽 **Wipe** surfaces
- 🧹 **Sweep** the floor
- 👕 **Sort and fold** laundry

Learn

Words to Know



Home words



independent = I do it myself
chore = a job at home
routine = steps I do the same way

Sorting words



utensil = a tool to eat or cook
category = a group that goes together
organize = put things in order

Watch

What are Household Chores

Scan to watch

Transition Abilities · 3:57

Captions on. Play the whole video.

After: Which room has the most jobs?

Which job do you already do?

https://www.youtube.com/watch?v=z0zvOiOOGT4

Practice

Sort the Cards



Read the card.

Pick the skill.

Say why.

1 🍴 Sort

2 🧼 Wash

3 🧽 Wipe

4 🧹 Sweep

5 👕 Laundry



Put the forks in the fork slot.

Which skill?

1 🍴 | 2 🧼 | 3 🧽 | 4 🧹 | 5 👕



Wash a cereal bowl after breakfast.

Which skill?

1 🍴 | 2 🧼 | 3 🧽 | 4 🧹 | 5 👕



Wipe crumbs off the kitchen table.

Which skill?

1 🍴 | 2 🧼 | 3 🧽 | 4 🧹 | 5 👕



Sweep the floor under the table.

Which skill?

1 🍴 | 2 🧼 | 3 🧽 | 4 🧹 | 5 👕



Put the dark shirts in one pile.

Which skill?

1 🍴 | 2 🧼 | 3 🧽 | 4 🧹 | 5 👕



Put the spoons away in the drawer.

Which skill?

1 🍴 | 2 🧼 | 3 🧽 | 4 🧹 | 5 👕



Scrub a frying pan in soapy water.

Which skill?

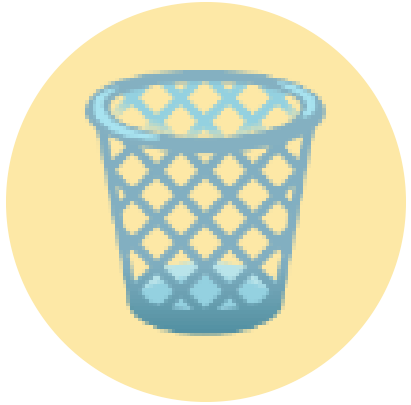
1 🍴 | 2 🧼 | 3 🧽 | 4 🧹 | 5 👕



Clean a sticky spot off the counter.

Which skill?

1 🍴 | 2 🧼 | 3 🧽 | 4 🧹 | 5 👕



Sweep dirt into the dustpan.

Which skill?

1 🍴 | 2 🧼 | 3 🧽 | 4 🧹 | 5 👕



Fold a towel and stack it.

Which skill?

1 🍴 | 2 🧼 | 3 🧽 | 4 🧹 | 5 👕



Rinse a cup and put it on the rack.

Which skill?

1 🍴 | 2 🧼 | 3 🧽 | 4 🧹 | 5 👕



Check pockets before washing clothes.

Which skill?

1 🍴 | 2 🧼 | 3 🧽 | 4 🧹 | 5 👕

Practice

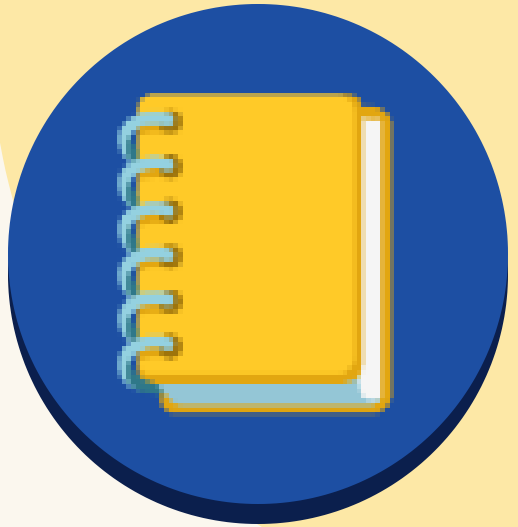
Rate Yourself



⭐	I need a lot of help. 🤝
⭐⭐	I can do some steps. 🙂
⭐⭐⭐	I can do it myself. 💪

Practice

Build Your Binder



1. Write your name or initials.
2. Draw or glue 1 home job.
3. Write the title: **My Clean-Up Routine**.

Game

🎮 Game: Which Skill?

Scan to play

Sort chores by skill.

Match the words. Put laundry steps in order.

Play together on the big screen.

https://grantdriver.github.io/games/transitions-unit2-jobs-at-home-L2.html

Wrap-Up

Exit Ticket



Independent living means ___.

One skill I want to get better at is ___.

Wednesday: sort utensils! 🍴