Transitions · Tuesday · Gold · 7th period

Lead My IEP



TODAY'S PLAN

👋 Check In	**11:00–11:10**	10 min
🔁 Last Time	**11:10–11:15**	5 min
📋 Learn	**11:15–11:27**	12 min
🎬 Video	**11:27–11:30**	3 min
🃏 Sort	**11:30–11:40**	10 min
✏️ Prep Page	**11:40–12:00**	20 min
🗣️ Practice	**12:00–12:20**	20 min

Opener

Check In



Show your energy:



1 to 5

Tell a partner:



one thing you're good at.

Last Time · Explain & Apply

Last Time: Boundaries



1️⃣ **Explain:** What is a boundary? Give an example.

2️⃣ **Apply:** You ask a coworker a question. They say, “I'm on my break.” What do you say and do?

3️⃣ **Apply:** A text pops up on your friend's phone. 🟢 🟡 or 🔴? Why?

Last Time · Answers

Check: Last Time



🧱 A **boundary** = a line a person sets to feel safe (body, stuff, space, time).

🗣️ “Okay, no problem.” Wait, or ask someone else.

🔴 Stop. It's their private stuff.

Learn

Learn: What Is an IEP?



IEP = my plan for school. 🏫

It lists my goals 🎯 and the supports 🧰 that help me.

My team meets every year. 🗓️

I am part of the team! 🙋

Learn

Learn: Who Is on My Team?



🙋 Me · 👨‍👩‍👧 My family

👩‍🏫 My teachers · 📁 My case manager

🗣️ Other helpers (speech, job coach)

Learn

My IEP Prep Page: 4 Parts



My strengths

What I'm good at



My goal

What I want to work toward



What helps me

Supports (accommodations)



How I'll take part

What I'll say or do

Learn

Words to Know



⭐ **Strength** = something I do well.

🎯 **Goal** = something I want to learn or do.

🧰 **Support (accommodation)** = a change that helps me learn or work.

🎬 Video · 2:04

What Is My IEP Meeting?

Scan to watch

Transition Abilities

⏱️ 2 minutes · captions on

👂 Listen for: 3 things the team talks about.

https://www.youtube.com/watch?v=TIOzDFpyUPQ

Practice

Strength, Goal, or Support?



Read the card. 👀

Hold up 1, 2, or 3 fingers:

1️⃣ ⭐ Strength

2️⃣ 🎯 Goal

3️⃣ 🧰 Support

🃏 Card 1 of 6



“I'm good at fixing things, and I show up on time.”

Vote!

1️⃣ ⭐ Strength

2️⃣ 🎯 Goal

3️⃣ 🧰 Support



Strength!

It's something I already do well.

🃏 Card 2 of 6



“After high school, I want to work at a grocery store.”

Vote!

1️⃣ ⭐ Strength

2️⃣ 🎯 Goal

3️⃣ 🧰 Support



Goal!

It's something I want to work toward.

🃏 Card 3 of 6



“Extra time on tests helps me finish my work.”

Vote!

1️⃣ ⭐ Strength

2️⃣ 🎯 Goal

3️⃣ 🧰 Support

✅ Answer · Card 3 of 6



Support!

It's a change that helps me learn.

🃏 Card 4 of 6



“By June, I will count change up to $20.”

Vote!

1️⃣ ⭐ Strength

2️⃣ 🎯 Goal

3️⃣ 🧰 Support



Goal!

It's a skill I'm working toward, with a date.

🃏 Card 5 of 6



“Directions work best when someone shows me first.”

Vote!

1️⃣ ⭐ Strength

2️⃣ 🎯 Goal

3️⃣ 🧰 Support

✅ Answer · Card 5 of 6



Support!

It tells people how to help me.

🃏 Card 6 of 6



“I'm friendly with customers, and I work hard.”

Vote!

1️⃣ ⭐ Strength

2️⃣ 🎯 Goal

3️⃣ 🧰 Support



Strength!

It's something I already do well.

Recap

Recap: Read Together

⭐ Strength

🔧 “I'm good at fixing things, and I show up on time.”

😊 “I'm friendly with customers, and I work hard.”

🎯 Goal

🛒 “After high school, I want to work at a grocery store.”

💵 “By June, I will count change up to $20.”

🧰 Support

⏳ “Extra time on tests helps me finish my work.”

👀 “Directions work best when someone shows me first.”

Model

Watch Me: A Sample Page



⭐ I'm good at sorting, and I'm on time.

🎯 I want to stock shelves at a store.

🧰 It helps when someone shows me the steps.

🗣️ I'll introduce myself and read my goal.

Practice

Build My Prep Page



Write 2 strengths. ⭐

Write 1 goal. 🎯

Write 2 supports that help you. 🧰

Circle how you'll take part. 🗣️

Use the word bank. 📝

Practice

My 30-Second Intro



"Hi, I'm ___. I'm good at ___."

"My goal is ___."

"It helps me when ___."

"One question I have is ___."

Practice

Practice With a Partner



1. Read your intro out loud. 🗣️
2. Partner checks: ⭐ 🎯 🧰 all there?
3. Look up. Use a clear voice. 👀
4. Switch. 🔄

Wrap-Up

File It in My Portfolio



My IEP Prep Page goes in **Tab 3: Personal Life**. 🗂️

Section **3A: All About Me**.

It stays private. 🔒 I share it with my team.

See you Thursday!

Great Work!



Exit: say one support that helps you. 🧰

Thursday: Self-Advocacy Role-Play. 🎭

Binders away. Line up for lunch.