Understanding My Rights

Warm-Up
Learn
Sort
Speak Up
Wrap-Up



What Is a Right?

A right is something every student should have.

- Respect
- Say “no” to unsafe things
- Ask questions
- Ask for my accommodations



My 4 Rights and My Responsibilities

My Right	My Responsibility
I am respected	I respect others
I can say “no” to unsafe things	I tell an adult
I can ask questions	I listen to the answer
I can ask for my accommodations	I ask calmly and use them

Right or Not a Right?

Right	Not a Right
I can ask the teacher to repeat directions.	I can skip work any time I want.

Sort your cards with your partner.

Card 1

?

I can ask the teacher to explain the directions again.

✅ Right or ❌ Not a Right?

Card 2



I can say "no" if someone asks me to do something unsafe.

✅ Right or ❌ Not a Right?

Card 3



I can be treated with respect by students and staff.

✅ Right or ❌ Not a Right?

Card 4



I can skip my work any time I want.

✅ Right or ❌ Not a Right?

Card 5



I can ask for the accommodations in my plan, like extra time.

✅ Right or ❌ Not a Right?

Card 6



I can take someone's phone if they took mine first.

✅ Right or ❌ Not a Right?

Card 7



I can ask to take a break when I feel overwhelmed.

✅ Right or ❌ Not a Right?

Card 8



I can leave school without telling anyone.

✅ Right or ❌ Not a Right?

Card 9



I can ask questions about my own goals and my IEP.

✅ Right or ❌ Not a Right?

Card 10



I can yell at someone who is bugging me.

✅ Right or ❌ Not a Right?

Card 11



I can tell a trusted adult if someone is hurting me.

✅ Right or ❌ Not a Right?

Card 12



I can make someone be my partner, even if they said no.

✅ Right or ❌ Not a Right?

Let's Check! ✅ ❌

Right	Not a Right
Card 1	Card 4
Card 2	Card 6
Card 3	Card 8
Card 5	Card 10
Card 7	Card 12
Card 9	
Card 11	

Rights keep everyone safe and respected.

My Speak Up Script

Use these lines.
Speak with confidence.

Use a calm, clear voice.

Excuse me, _____.

I have the right to _____.

Can I please _____?

Thank you.



Exit Ticket

1. Write two rights
2. Write one script you could use
3. Put it in your binder

